Interesting concept of Box Cricket and the rules of the sport





Cricket has been played for more than a century and it has developed several variations over the years with different formats making it to international cricket. A rather **popular form of cricket trending these days is box cricket or indoor cricket.** A concept that borrows several aspects and rules from the original game, box cricket has developed over the years with its own identity prevailing in recent times.

Several variations of **box cricket have been in existence since the early 1960s**. Just like in traditional cricket, there are two batsmen, a bowler as well as fielders and the team that outscores another one wins. While the basic rules remain the same, **box cricket has several rule tweaks** to make the game more interesting for its participants and audience.

The rules of box cricket vary from location to location and are significantly different from the set laws of cricket. This article will help you understand in detail what box cricket is, how it is played and what its common rules are.

About NJBCC

New Jersey Box Cricket Club (NJBCC) is an emerging new club in New Jersey that will facilitate cricketers to play indoor box cricket especially during winter months. NJBCC is expected to open indoor box cricket setup around South Plainfield, NJ and take reservations from Oct 2022.

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What is Box Cricket?

Indoor cricket or **box cricket involves two teams with 8 players** each playing in a closed space, usually a net-covered turf. Most matches are played within an hour's time frame with rules set before the game or tournament.

Box Cricket Rules and Regulations

Box cricket has some interesting rules and regulations on top of the traditional cricket rules to make the game more exciting. Playing in an enclosed space comes with its challenges and box cricket accounts for this with some unique rules set in place to make the game fairer to the two teams in action.

General Rules

- There are generally **8 players in box cricket with one or two substitute**.
- Each **match** is **played** inside **5-12** overs with bowlers allowed to bowl 1/4 of the total overs or a maximum of two overs in some cases.
- Aside from the conventional dismissals in cricket, box cricket also has a few other dismissal modes.
- Anything that goes outside the playing area in full will result in no run for batting team.
- Net rebound, the usual rules consider any rebound catch whether off the sides or off the roof to be a wicket.
- Fall of a wicket will result in penalty runs for batting team in box cricket, usually up to -5 runs.
- The last ball of the innings is a jackpot ball with the runs scored by the team doubled. If it is a dismissal, the negative runs are doubled too. Based on teams' agreement, an entire over is allotted as jackpot over with runs scored in the over doubled to give a boost to the batting team just like a powerplay in cricket.
- Winner of a tie is decided by a super over. That said, in some cases where teams are looking to finish matches soon, a coin toss for a winner or a one-ball hit out is also played out.

Batting Rules

- With 8-team matches, the **batting team has seven wickets and can play two batsmen at the same time** as usual cricketing rules work.
- In some cases, there is a **last-man-standing rule in which case the team has eight wickets** and the last batsman can play on his own after he runs out of partners.
- The batsman has to be careful with the number of balls he misses or doesn't score off. Three successive dot balls or misses are usually categorized as a dismissal in box cricket.

- There are scorecards or boards around the nets in Box Cricket and **8-10** runs are awarded each time the batsman hits the ball on one of them. This means that unlike in traditional cricket, the six isn't the highest rewarding shot.
- Runs scored by a batsman are considered valid only if he makes them while standing inside the crease (at least one leg). The idea is to avoid batsmen from stepping out and hitting.
- The ball hit to the roof is either a dead ball or a dismissal, if the catch is taken in box cricket.

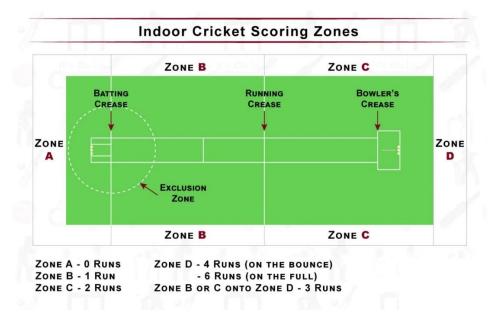
Bowling Rules

- **Bowling is usually throwing** with a permissible limit of flexing the elbow behind the shoulders. This eliminates running in to bowl like in conventional cricket. Based on teams' agreement conventional bowling can be used too.
- The ball should be bowled from behind the crease and shouldn't be beyond the reach of the batsman to avoid penalty runs in the form of extras such as no-balls and wide.
- Bowler has to bowl from the box drawn around the bowling crease.
- No-ball, wide, byes and overthrows apply as usual although leg byes are usually disallowed.
- A bowler not only gets to take a wicket for his team but also to reduce the run tally as each dismissal costs -5 penalty runs for the batting team.

Dismissal rules

- The usual rules of being bowled, caught, leg before wicket, hit wicket apply to box cricket too.
- Three misses or dots are considered a dismissal.
- No **stumping off a no-ball is allowed** although that doesn't apply to wide.
- The keeper cannot stump in front of the stumps meaning that he has to collect the ball first from behind and then attempt a stumping.

Scoring Zones in Indoor cricket



Feilding Positions in Indoor cricket

